

Did you know?

59% of home water consumption comes from the bathroom and toilets

22% is used for washing clothes and dishes

6% is used in the kitchen

6% for washing the car or watering the garden

Only **1%** of water is used for drinking

The average person consumes 138 litres of water each day in the La Rochelle area!
With just a few eco-friendly actions, we can help protect this precious resource.

Are you ready to change your habits?

helo is the public water service in the greater La Rochelle area.

helo works throughout the year with public bodies, companies and individuals to save water.

helo

L'eau publique rochelaise

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More information at
agglo-larochelle.fr/eau-potable

Save water this summer!

Simple actions can make a big difference



Scan the QR code
Find out how to do your part



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Communauté
d'Agglomération de
La Rochelle



Every drop counts!

Water is a precious, limited resource.

In summer, we use up to **twice as much** water in coastal areas!
You can save water even when you are on holiday by doing these simple things...



Spend less than four minutes in the shower and turn off the water when you lather up.



If your accommodation has a dishwasher, **only use it when it's full and in eco mode**. When washing up by hand, use a basin and reuse the rinse water for watering plants.



Only use the washing machine when it's full and, when possible, in eco or low temperature mode. Not every item of clothing needs to be washed after one wear; if you wash less frequently, you save water and extend the item's lifespan.



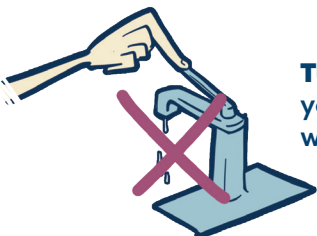
You don't need to shower before going to the beach. One shower a day is enough when you're on holiday.



Use a bucket or basin to wash your swimsuit or wetsuit rather than rinsing under running water.



Choose the right flush to avoid using unnecessary water.



Turn off the water when you brush your teeth and wash yourself.



When you leave the beach, use a brush to remove excess sand, then use a bucket to rinse your belongings.



And finally, **use a reusable flask** instead of a plastic bottle.